

November 2018 Inner East Community Committee - Public Health Update

Leeds Joint Debt Forum

The annual Leeds Joint Debt Forum meeting took place on the 27th September at St Georges Centre. The event was opened by Councilor Judith Blake and was well attended with a range of organisations represented from across the city.

The main focus of the event was Universal Credit and attendees were given the opportunity to participate in workshops to discuss the implications for the residents of Leeds.

Feedback from the event is currently being looked at to form the focus of work going forward and will be circulated once available.

Seasonal Flu

It is that time of year again when seasonal influenza is here and time to promote the uptake of the best protection – the vaccine.

The link below is for the Council's public facing webpage that has a wealth of information on the why, who and how. Leaflets and posters are available to promote uptake of the vaccine and these can be viewed and downloaded via the webpage. Leaflets and resources are also available from the Public Health Resource Centre. www.leeds.gov.uk/flu

Please encourage uptake of the flu vaccine with service users, their families and carers and frontline staff as you feel appropriate.

Winter Friends

Following on from work carried out last year an e-briefing has now been made available to support more people to become Winter Friends. Being a Winter Friend means you are equipped with knowledge, resources and signposting information to support a vulnerable person during winter. There are nine evidence based, high-impact interventions that can support vulnerable people during winter and these are covered in the Winter Friends e-briefing.

You can now access the Winter Friends e-briefing on the Public Health Resource Centre Website by clicking on [Winter Friends e-briefing 18/19](#) (please note you will need to open the file and play as a slideshow in PowerPoint).

Once the e-briefing has been viewed, Winter Friends can collect a resource pack from the Public Health Resource Centre (Technorth Centre, 9 Harrogate Road Leeds LS7 3NB) to support conversations and promotion of relevant campaigns.

To provide and increase support across Leeds, we would be really grateful if this information could be shared to encourage access to the resources.

New Benefit Buddy Service at Ebor Gardens Advice Centre

Benefit Buddy service is now fully operational. We provide support with filling **ALL** benefit forms including Universal Credit (support with maintaining an online Universal Credit claim is available too). We also accompany people to most benefit related meetings, for example, medical assessments, appeals/tribunals or Job Centre meetings.

We have attached an copy of our Benefit Buddy service information leaflet which explains in detail about the service. If hard copies are required, please do let us know.

You can refer clients using the referral form attached, alternatively clients can self-refer by calling us on **0113 2350276** or emailing admin@egac.org



BB service info
leaflet June 2017.do



Benefit Buddy
Referral Form Nover

Lincoln Green Health Needs Assessment.

This has now been completed. The Lincoln Green Core Team Health sub-group is now working together to discuss next steps on the findings, partners include Clinical Commissioning Groups, surgeries, third sector and council representatives. The full health needs assessment is available on request. Please contact Tina Leslie on tina.leslie@leeds.gov.uk

Below is a link to the presentation (click on the arrows at the bottom of the page to scroll through).

<https://prezi.com/view/1PcuuMdipuvj0qo9Z1Q3Click>

Healthy Weight Declaration

Public Health Children's team are launching a healthy weight declaration in February 2019 for more information contact emma.strachen@leeds.gov.uk



One page guide to
HWD.pdf



14 Standard
Commitment List.pdf

2018/19 Winter Wellbeing Grants Awards

19 grants were awarded totaling over £52k

Awards covering the Inner East are as follows:-

Advonet, LS 7, 8, 11, 12

Burmantofts Senior Action Burmantofts, Lincoln Green, Ebor Gardens, Harehills
Cross gates & District Good Neighbours Scheme, Crossgates and surrounding areas
Sunflower ESOL, LS2, 7, 9, 11, 14

Another 6 grants were awarded for city wide projects that will also incorporate work within the IE area.

Contact tina.leslie@leeds.gov.uk for more information.

Mental Health

Mentally Healthy Leeds a public health commissioned service which was launched recently. It is a public mental health service which is all about good mental health for everyone. The main aim is to reduce health inequalities and improve health and wellbeing in the communities most at risk of poor mental health.

The service will work with communities in the 10% most deprived parts of Leeds to identify, understand and build on the protective factors that help keep people mentally and emotionally well. The aim is to equip people with an understanding and experience they can use to prevent problems developing or becoming worse.

There will be a particular focus on communities most at risk of poor mental health, including those in the most deprived areas of Leeds, young women, men aged 30-60, people who are LGBTQ, refugees and asylum seekers.

For more information about the service contact mhl@touchstonesupport.org.uk or telephone 0113 248 4880.

Suicide prevention

Leeds City Council are busy working with key partners to reduce suicides across the city. For more information, help and support if you are feeling distressed, low or suicidal please go to the following link: <https://www.leeds.gov.uk/phrc/current-awareness/suicide-prevention>

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